

# MICfood®



For nearly 30 years, the MIC Food® brands have stood for variety, convenience and quality.

## OUR BRANDS ARE KNOWN FOR:

**100% NATURAL**



RIPE PLANTAIN SLICES

YUCA FRIES



**CONSISTENT QUALITY  
& TASTE**



BONIATO

**GLUTEN  
FREE**

**YEAR-ROUND  
AVAILABILITY**

**LONG SHELF LIFE**

**100%  
YIELD**

# Micfood<sup>®</sup> 100% NATURAL READY-TO-USE FROZEN TROPICAL PRODUCTS

	<b>MIC SKU</b>  SB010	<b>DESCRIPTION</b>  Precooked Ripe Plantain Slices	<b>PACK SIZE</b>  4 x 6 lbs	<b>KOSHER</b>  ✓	<b>BAKE OPTION</b>  ✓
	<b>MIC SKU</b>  TJY1101	<b>DESCRIPTION</b>  Precooked Yuca Steak Fry	<b>PACK SIZE</b>  20 x 1 lb	<b>KOSHER</b>  ✓	<b>BAKE OPTION</b>  ✓
	<b>MIC SKU</b>  TJY030	<b>DESCRIPTION</b>  Uncooked & Peeled Yuca	<b>PACK SIZE</b>  6 x 5 lbs	<b>KOSHER</b>  	<b>BAKE OPTION</b>  
	<b>MIC SKU</b>  SB071	<b>DESCRIPTION</b>  Precooked Whole Baked Ripe Plantain	<b>PACK SIZE</b>  8 x 2.25 lbs	<b>KOSHER</b>  ✓	<b>BAKE OPTION</b>  ✓
	<b>MIC SKU</b>  TJBI200	<b>DESCRIPTION</b>  Precooked Boniato Chunks	<b>PACK SIZE</b>  20 x 1 lb	<b>KOSHER</b>  ✓	<b>BAKE OPTION</b>  ✓

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**For recipes visit [www.micfood.com](http://www.micfood.com)**